

TRAFFORD SCHOOL LUNCH

MENU



Available Daily

Fresh Salad

Jugs of Water

Yoghurt

Fresh Fruit

Jacket Potato with Beans or Cheese

Sandwiches



We Serve **15,000 meals per day**, that's **2850,000 per year!**




All our **fish** is **MSC approved** and all our **bananas** and **sugar** are **Fair Trade**





We support **MEAT FREE Mondays**

All our **Beef** is from the **UK or Ireland** and we can **trace every cut of meat** back to the **Farms of Origin**



	WEEK 1	WEEK 2	WEEK 3
Monday	Cheese and Tomato Pizza Vegetable Samosa Cubed Potatoes, Salad, Sweetcorn Ice Cream	Roast Vegetable & Tomato Pasta Bake Cheese Whirl Peas, Sweetcorn, Crusty Bread Ice Cream	Deli Selection - Choice of Tuna Melt, Cheese and Tomato Baguette, or Vegan Meatball Sub Salad, Peas and Potato Cubes Cheese and Crackers
Tuesday	Chicken Fajitas, Wedges Macaroni Cheese, Crusty Bread Mixed Vegetables Chocolate Krispy Cake	Homemade Sausage Rolls Vegan Sausage Rolls Cubed Potatoes, Beans Lemon Drizzle Cake	Pasta Meatball Bake in Tomato & Herb Sauce Creamy Cheese & Broccoli Pasta Garlic Bread, Carrots & Sweetcorn Raspberry Sponge Cake
Wednesday	Butchers Sausage and Mash Vegan Sausage and Mash Broccoli and Carrot Batons Apple Sponge and Custard	Roast Chicken Dinner, Yorkshire Pudding Roast Quorn Vegan Fillet Roast Potatoes, Mixed Vegetables Pear Crumble and Custard	Roast Turkey Dinner, Yorkshire Pudding Roast Vegan Quorn Fillet Roast Potatoes, Green Beans, Carrot Batons Apple Crumble and Custard
Thursday	Chicken Korma Curry, Naan Bread Quorn Korma Curry, Naan Bread Peas and Sweetcorn Blueberry Muffin	Beef Burger on a Bun Vegan Quorn Burger on a Bun Mixed Salad, Sweetcorn and Wedges Chocolate Brownie	Spaghetti Bolognese Vegan Spaghetti Bolognese Garlic Bread, Mixed Vegetables Strawberry Whip with Strawberry Slices
Friday	Breaded Fish Fillet Salmon Fishcakes Chips, Baked Beans Raspberry Jelly	Fish Finger Wraps Vegetable Samosa Chips, Baked Beans Fresh Fruit and Yoghurt	Breaded Omega 3 Fish Fingers Vegan Fishless Fillet Chips, Baked Beans Orange Jelly



Our **chicken** and **milk** are **Food Standards Assured** and we only use **Lion Quality Eggs**





We can **bespoke our menu's** to reflect your children's **dietary needs**, so that school meals can be **enjoyed by all children**