

Monday

Week 1
 Meatballs in BBQ Sauce
 Vegetable Bolognese in a jacket potato
 Arctic Roll

On the side:
 Spicy Wedges
 Veg Mixed Country Vegetables

Stuffed Chicken & Veg Tortilla
 Stuffed Quorn Tortilla
 Fruit Banana Split & Yoghurt

Diced paprika Potatoes
Baked Beans

Mexican Chilli Mexican
 Vegetable Chilli
 Victoria Sandwich

Basmati Rice
Sliced Green Beans

Roast Turkey
 Leek And Potato Bake
 Mixed Melon & Sultanas Yoghurt

Roast & Creamed Potatoes
Baton Carrots & Broccoli

Baked Pollock With Lemon
 Crispy Vegetable Burger
 Lemon Shortbread

Chipped Potatoes
Garden Peas & Sweetcorn

Tuesday

Week 2
 Chicken & Leek Pie
 Vegetable Ravioli
 Chocolate & Vanilla Mousse

On the side:
 Chipped Potatoes
 Garden Peas

Beef & Sweet Potato
 Quorn Goulash
 Berry & Greek Yoghurt

Crusty Bread
Sweetcorn

Roast Chicken & Yorkshire Pudding
 Quorn Burger
 Seasonal Fruit & Yoghurt

Roast & Creamed Potatoes
Broccoli Mashed Carrot & Swede

Braised Sausage in Gravy
 Braised Quorn Sausage in Gravy
 Seasonal Fruit & Yoghurt

Roast & Creamed Potatoes
Cauliflower & Baton Carrots

Fish finger Wrap & sweet chilli sauce
 Sweet Chilli Vegetables
 Blueberry Muffins

Basmati Rice
Mixed Vegetables

Wednesday

Week 3
 Cottage Pie
 Tomato & Basil Pasta
 Flavoured Frozen Yoghurt

On the side:
 Crusty Bread
 Green Beans

Spaghetti Bolognese
 Quorn Bolognese
 Seasonal Fruit & Yoghurt

Garlic Bread
Diced carrots

Pizza Whirls
 Sweet chilli Quorn
 Apple, berry & Pear Chumb

Potato Wedges
Sweetcorn

Cajun Chicken Breast Fillet
 Boston Bean Casserole
 Oatmeal Cookies

Stir Fried Noodles
Sliced Green Beans

Fish Cake & sweet Chilli Sauce
 Sweet & Sour Vegetable Noodles
 Ginger Cookies

Diced Potatoes
Mushy Peas

Thursday

Week 4
 Chicken Wraps
 Vegetable Chilli
 Raspberry Smoothies

On the side:
 Country Vegetables
 French Bread

Homemade Sausage Roll
 Vegetarian Sausage Roll
 Seasonal Fruit & Yoghurt

Chipped Potatoes
Baked Beans

Chicken Tikka Masala
 Chickpea & Lentil Tikka Masala
 Lemon Drizzle Cake

Basmati Rice & Naan Bread
Garden Peas

Sliced Ham & Pineapple
 Vegetable & Bean Burrito
 Seasonal Fruit & Yoghurt

New Potatoes
Broccoli & Sweetcorn

Salmon fingers
 BBQ Quorn Fillets
 Flapjack

Fish Jacket wedges
Diced Carrots

Friday

Week 4

FRESH SALAD IS AVAILABLE DAILY

Jugs of Water, Yoghurts & freshly prepared fruit Daily

